

Welcome to the Boulevard



SEVENS

SUNDAY, 12th MAY, 1985

25p

For the Records

	First Round	Semi-Final	Final	Winner
Group 1	HULL KINGSTON ROVERS v WIDNES	_____	_____	_____
	HULL F.C. v FEATHERSTONE ROVERS	_____	_____	_____
Group 2	OLDHAM v ST. HELENS	_____	_____	_____
	WARRINGTON v BRADFORD NORTHERN	_____	_____	_____

Match Officials : Ronnie Campbell, Stan Wall, John Holdsworth, Gerry Kershaw.

Seven Seas Sevens Tournament

Sunday, 12th May, 1985.

Kick-off 2.30 p.m.

This afternoon we welcome you all to the fourth Seven Seas Sevens Tournament which has now become a regular fixture in the Rugby League calendar. The thrills and excitement of sevens rugby provides a fitting finale to a long arduous campaign and we hope, whets the appetite in preparation for the 1985/86 campaign.

After the pressures and toils of a heavy League and Cup programme, which stretches back to August, today's tournament gives players the opportunity to play in a more relaxed atmosphere. At the same time there is an incentive to keep the competition competitive with some £3,500 in prize money and £750 at stake for the winners. That takes this competition away from being just a training session and adds that bit of spice which is sure to produce the entertainment the fans are looking for.

Since the competition was first introduced three years ago it has produced several memorable moments and achievements. The first final was an all Humberside affair between Hull and Rovers, and it ended in dramatic style with a sudden death spell of extra time. Rovers snatched the all important score to win.

A year later it was Oldham who caused the shock of the competition, when as under-dogs they battled through to victory. Along the way Oldham put out Bradford Northern in convincing style and then St. Helens, who had beaten the holders Hull K.R. That left them to face the much fancied Widnes in the final whose squad included five players on their way to Australia with the Great Britain touring side. But, even the likes of Joe Lydon and Co. could not halt Oldham, who marched on to victory and delighted their band of fans with a superb 13-11 win.

Oldham were back last year to defend the trophy and ironically they paired the competition's first winners, Hull Kingston Rovers, in the opening round. It was the Roughyeds who progressed but even they had to succumb to impressive Warrington in the semi-final. Wire and particularly Phil Ford (who has now departed for Wigan) were always going to be formidable opposition with players like Ford, Ken Kelly and John Bevan on view and so it proved, as they won a thrilling final with Hull F.C., previous conquerors of Featherstone Rovers and Castleford.

So the stage is set for an intriguing fourth competition with a mixture of youth and experience to entertain you avid supporters plus the added attraction of the 60 yard dash, a race between selected players from the teams for the John Dennis Trophy.

JOHN DENNIS TROPHY RACE

Team members selected for the 60 yard race are as follows :

BRIAN CARBERT (Warrington)
DES FOY (Oldham)
BARRY LEDGER (St. Helens)
NEIL WOOLFORD (Featherstone)
BRUCE MILLER (Hull Kingston Rovers)
KEVIN JAMES (Hull F.C.)
RICHARD FRANCIS (Bradford Northern)
ANDY CURRIER (Widnes)

Seven-a-side Colts Match

HULL F.C. v HULL KINGSTON ROVERS

(This match will follow the senior semi-final)

Football at the Boulevard

DAVID PINDER APPEAL

Tuesday, 14th May. Kick-off 7.30 p.m.

PRISON OFFICER'S TEAM

v

THE SHIP INN, KEYINGHAM

Admission **30p** (All Classes)

PLEASE SUPPORT THIS WORTHY CAUSE

THE SQUADS

OLDHAM

~~DES FOY~~
MIKE TAYLOR
~~IAN BIRKBY~~
PADDY KIRWAN
MIKE PARRISH
PAUL LOWNDES
TONY MORRISON
CHRIS CHISNALL
~~LES CHADWICK~~
LEO CASEY

WARRINGTON

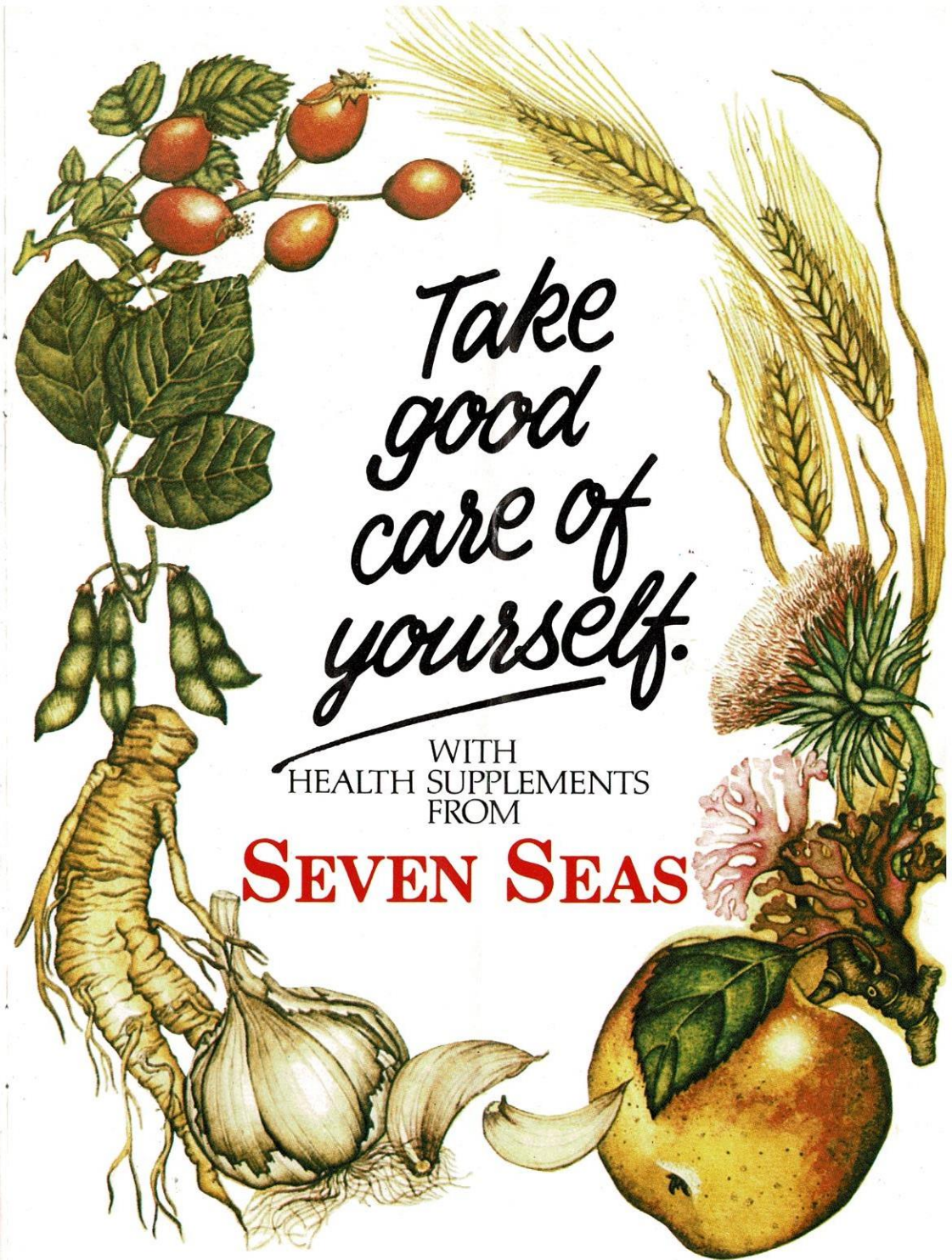
BRIAN CARBERT
PAUL FELLOWS
I. Duane ~~CARL WEBB~~
A. Gregory ~~MIKE GREGORY~~
KEN KELLY
JOHN KERR
MARK ROBERTS
M. KNICH ~~ALAN SCOTT~~
PAUL CULLEN

ST. HELENS

PHIL VIEVERS
BARRY LEDGER
SHAUN DAY
NEIL HOLDING
MAL MENINGA
ANDY PLATT
PAUL FORBER
CHRIS ARKWRIGHT
ROY HAGGERTY

BRADFORD NORTHERN

ELLERY HANLEY
ROGER SIMPSON
RICHARD FRANCIS
ANDY ROBINSON
PAUL BARDGETT
IAN SHELDON
DARREN MOULDEN
WAYNE HERON
IAN SHERRATT



Take
good
care of
yourself.

WITH
HEALTH SUPPLEMENTS
FROM

SEVEN SEAS

SEVEN SEAS SUPPLEMENTS

naturally conducive to good health

To keep you feeling up to par, vitamins and minerals are essential. Obviously, a balanced diet will provide all that's needed, but too often today people rely on hurried, ill-prepared meals with too many processed foods. The result is that they risk not getting enough vitamins and minerals. And also at risk are convalescents, the elderly, 'faddy' eaters, people dieting incorrectly, sports addicts, women on the 'pill' or around the menopause. Those with a high consumption of alcohol also risk a similar deficiency.

At Seven Seas, we believe that our range of health supplements will provide you with vitamin and mineral insurance, whatever your way of life. It is our firm contention that by using Seven Seas Supplements as and when you feel you need them, you are doing a great deal towards ensuring the complete nutrition on which your good health depends.

Seven Seas Capsules contain only natural colouring and are free from added sugar, starch, lactose, flavourings and preservatives.

For further information write to: The Nutrition Advisor, Dept PB, Seven Seas Health Care Ltd, Marfleet, Hull HU9 5NJ.



Multivitamins and Minerals Capsules There are two Seven Seas Multivitamins and Minerals supplements, each providing a carefully balanced formula in easy to take capsule form. The first contains 24 vitamins, minerals and other valuable nutrients which provide a suitable comprehensive nutritional insurance policy for all the family, including children over six years.

By taking just one Seven Seas Capsule each day you will be making a positive contribution to maintaining your good health.

Each tub contains 60 **One-A-Day Multivitamins and Minerals Capsules**.



Multivitamins and Minerals with Ginseng Extract Capsules This alternative product contains all the same important ingredients as the first, plus the unique properties of the herb Ginseng, making it a popular choice for those leading active demanding lives and for older people too.

Both formulations are recommended for slimmers, snack eaters, smokers, convalescents and for athletes.

Just one Seven Seas Capsule a day will provide you with a well balanced food supplement.

Each tub contains 60 **One-A-Day Multivitamins and Minerals with Ginseng Extract Capsules**.



Selenium with Vitamin E & Cod Liver Oil Selenium is one of the trace elements essential for normal good health and growth. Together with Vitamin E it has the biological function of protecting certain vitamin and polyunsaturate containing membranes from damage. These help maintain the integrity of tissues like skin, muscles and synovial cells surrounding bone ends providing joint lubricating fluid.

Our Seven Seas supplement supplies Selenium, Vitamin E and Cod Liver Oil, a unique combination to help maintain health and fitness.

Each tub contains 60 **Seven Seas Selenium Capsules**.



Korean Ginseng Capsules Seven Seas Korean Ginseng, is made from genuine fine quality six year old Ginseng root protected in taste free, easy to take oval capsules. It has been used in Chinese nutrition for over 5,000 years. Researchers are now investigating the beneficial properties of Ginseng. This research is revealing the secrets of this intriguing Oriental root which has been used in recent years as a supplement to the diet of the successful Olympic athletic teams. Analysis has brought to light the fact that Ginseng root contains useful organic acids, minerals, enzymes and vitamins. It has been found to be a food supplement beneficial not only for those leading active demanding lives but also for the elderly. Discover the root of the Orient for yourself.

Each tub contains 50 x 250mg **Seven Seas Korean Ginseng Capsules**



'Cider+3' Diet Aid Capsules This Seven Seas dietary aid will help ensure you receive significant amounts of certain vitamins, minerals and nutrients, which may become deficient whilst dieting. Cider Vinegar comes from apples and contains potassium. Lecithin is derived from the soya bean and is a natural emulsifier. Kelp is a form of seaweed, a source of many micro-nutrients including iodine. In addition, our formula contains wheat germ oil — a natural source of Vitamin E — and Vitamin B₆ — a substance available in foods such as bread and beer, rice, beans and peas, and therefore, one which may be deficient if these foods are removed from your dieting programme. These capsules are specially formulated to be taken as a supplement to a weight reducing or calorie controlled diet which may sometimes be inadequately balanced. Suggested diet sheets may be obtained from our Nutrition Department at the address on this leaflet.

Each tub contains 60 **Seven Seas 'Cider+3' Capsules**



'Bran Extra' is no ordinary wheatbran, it is finely milled but gently processed under a unique system which retains the Bran's natural wheatgerm content, making it more palatable and wholesome. Bran, the richest natural source of dietary fibre is a most popular food supplement, which is often recommended by the medical profession nowadays for adding extra roughage or fibre to your diet which will help maintain regularity and generally aid digestion. More recently, Bran and fibrous foods in general have been popular aids for those on calorie controlled diets. Regular dietary intake of Bran can help suppress the appetite, absorb water and speed the elimination of waste.

Seven Seas 'Bran Extra' is a pleasant and positive contribution to good health, available in 500gm sealed bags.

SEVEN SEAS

HEALTH FROM THE SEA

The sea is the mother of life on our planet. Life began in the sea and most of the world's plants and animals live there. As our world evolved over millions of years, life moved from the sea to the land where man as we know him today gradually developed to dominate the planet.

Even though our ancestors left the sea years ago, it appears that we cannot ignore our origins. There now is evidence that the sea provides us with important nutrients which are not readily obtainable from non-marine sources.

In the last century, fish was considered a cheap source of protein, eaten largely by the poorer members of the community, but as cheaper meats became available, dietary habits have changed. For example, in England as little as 100 years ago we ate at least 5-6 times as much fish as we do now – oily fish such as herring, mackerel and kippers being quite common foods.

The value of fish oil was recognised some 300 years earlier when Cod Liver Oil was used in hospitals for the treatment of many problems. It was a basic medicine highly prized for its many benefits. The exact reasons for its action were not fully understood at the time and even now we are still learning. During the 1930's-50's, Cod Liver Oil was provided by the Government through the N.H.S. as a Vitamin A and D supplement to ensure healthy growth and bone formation in children. Nowadays, Cod Liver Oil is still the subject of extensive research which is showing it to be far from 'old fashioned', in fact, it is probably more relevant to our way of life now, than ever before. This continual research and development programme has led to the provision of more palatable Cod Liver Oil products such as Capsules, Cherry Flavour and Orange Syrup and Cod Liver Oil. Further, and more recent investigations have led to exciting new developments such as MaxEPA – a special concentrate of vitamin reduced fish oil providing EPA and DHA – two important active ingredients found in Cod Liver Oil. As these stories unfold, so renewed public interest in Cod Liver Oil grows and more people decide to 'Take Good Care of themselves' with Seven Seas.

As it was said to 'Build Health Naturally' for those of the past, so Seven Seas provides 'Health from the Sea' for the more health conscious people of today, and the generations of tomorrow.

Seven Seas MaxEPA



Our ancestors ate lots of oily fish whilst today only isolated groups consume such diets, e.g. the Eskimos and the Japanese. Despite high intakes of fat and cholesterol, Eskimos have enviable health records in many respects. The fatty acids EPA and DHA are thought to be responsible.

Oily fish is the only common source of EPA and DHA. MaxEPA provides these unique fatty acids in standardised form. EPA is a vital component of blood and is converted in the body to hormone-like substances called prostaglandins. DHA is an important component in the health of brain, nerves, heart and eyes.

In the maintenance of good health through the prime of life, factors such as overweight, smoking, lack of exercise and heredity are important, but dietary factors can also be involved.

The omega-3 fatty acids, EPA and DHA are found only at relatively low levels in western diets. It is thought that an increased dietary supply of these factors may be important in the maintenance of good health.



Seven Seas Cod Liver Oil Capsules Each golden Seven Seas Capsule contains 0.3ml of Cod Liver Oil fortified with extra vitamins A, D and E. No other vitamin supplement supplies this unique natural combination of health promoting properties. They are an excellent aid to natural good health providing many of the benefits of traditional Cod Liver Oil. Taken as directed, Seven Seas Capsules can help maintain the condition of your hair, skin and nails. Pack sizes are available to suit all budgets and the new 'healthitub' presentation makes them ideal to carry with you at all times. Seven Seas Capsules offer you the goodness of Cod Liver Oil in a modern easy to swallow form so that you no longer taste the good it is doing you, but just feel it.



Seven Seas Traditional & Cherry Flavour Cod Liver Oil Seven Seas provides the world's most popular and finest quality Cod Liver Oil. It is rich in vitamins A and D and also contains Vitamin E. For generations it has been highly prized for its natural vitamins, but nowadays it has come under a great scrutiny for its unique fatty acid composition. It has proved to be a rich natural source of polyunsaturates, notably EPA and DHA. Cod Liver Oil helps maintain good growth, strong bones, sound teeth and healthy hair, skin and nails. It may also help ease the general aches and pains associated with growing older. Available in Traditional or Cherry Flavoured form, this golden health aid is becoming more relevant to today's way of life than ever before.



Seven Seas Orange Syrup and Cod Liver Oil Seven Seas Orange Syrup combines all the natural goodness of Cod Liver Oil with the added benefits of Vitamins C, E and B6 blended in an orange juice base. As well as the typical benefits you would expect from Cod Liver Oil, Orange Syrup will also help build a healthy body more likely to resist infection by coughs, colds and flu, stimulate the appetite and generally help recuperation after illness. This pleasant tasting alternative to traditional Cod Liver Oil is available in two sizes, 150ml. and 300ml. bottles. This product is becoming an increasingly popular choice amongst all age groups.

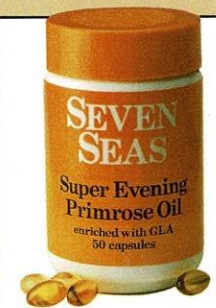


Seven Seas Malt with Cod Liver Oil Seven Seas Malt Extract is a rich nutritious blend of these valuable ingredients. This traditional formula is an excellent health food ideal for children of all ages. It will help them grow strong and healthy by providing vitamins and Cod Liver Oil in a most enjoyable form. Under the trusted Seven Seas brand and with a little added peppermint oil to make it even more tasty, 'Malt' is destined to be a most popular way to 'build health naturally'.



Wheat Germ Oil Capsules Our forefathers ate large amounts of wholemeal bread, a natural source of wheat germ oil. But white bread is deficient in this substance, and, therefore, our diet today may be lacking. Seven Seas Wheat Germ Oil capsules contain the finest 'cold pressed' wheat germ oil—a rich source of Vitamin E and polyunsaturates, particularly the essential fatty acids (linoleic and linolenic acids), no longer naturally available in white bread. These substances are essential for normal healthy growth, and as they cannot be made by our bodies, must be supplied from our diets. Hence the great value of Seven Seas Wheat Germ Oil to your family.

Each tub contains 90 **Seven Seas Wheat Germ Oil Capsules**



Super Evening Primrose Oil Capsules Each Seven Seas Super Evening Primrose Oil Capsule contains a unique enriched source of the polyunsaturate G.L.A. (gamma linolenic acid) which is derived from a careful blend of Naudicelle® Evening Primrose Oil, Boracelle® Oil of Borage (the richest natural source of G.L.A. yet found) and natural source Vitamin E. This combination provides 50% more G.L.A. than Evening Primrose Oil alone. Each 250mg Capsule of oil, therefore, contains no less than 14% G.L.A. G.L.A. supplementation is used by many women at, or around the onset of their menstrual periods.

® Boracelle and Naudicelle are Registered Trade Marks of Bio Oil Research Ltd. Each tub contains 50 **Seven Seas Super Evening Primrose Oil Capsules**.



Garlic Oil Perles Garlic has long been recognised as the most potent member of the onion family, and as such has been considered a 'health food' for centuries. Today, research is providing scientific evidence to support this ancient idea. Of course, the use of garlic in cooking has the drawback of leaving a socially unacceptable breath odour. In spite of this, many people enjoy the taste it imparts to food and are convinced of its general health benefits. Each Seven Seas Garlic Perle provides 200mcg of pure garlic oil in an easy to swallow 'taste free' form. There is therefore little risk of breath odour interfering with your enjoyment of the same health benefits as people living in the Mediterranean area—where garlic is part of the every day diet.

Each tub contains 90 **Seven Seas Garlic Oil Perles**

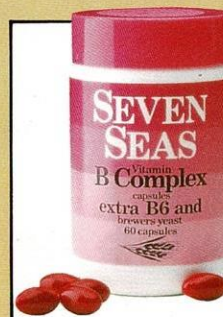


Cholesterol-free Lecithin Capsules Contain 200mg of natural soya lecithin in a polyunsaturated oil base. This convenient, easy to take form of lecithin is a rich source of the phospholipids, which contain the B Vitamins choline and inositol. These are essential for the breakdown and transport of fats within the body.

Unlike lecithin from egg yolk, which contains cholesterol, these Seven Seas Lecithin capsules are of vegetable origin and hence are cholesterol free.

They are ideally suited to protect your good health throughout your life.

Each tub contains 90 x 200mg **Seven Seas Cholesterol-free Lecithin Capsules**.



Vitamin B Complex, Extra B₆ and Brewers Yeast Capsules

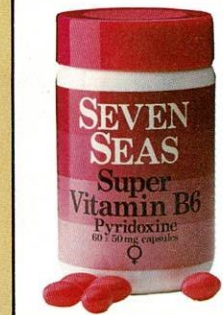
'B' Vitamins and their associated nutrients play key roles in the body's vital metabolism, helping to maintain the health of the nervous system, digestion and skin. Certain groups of people such as the chronically ill, the elderly, oral contraceptive users, children eating lots of sweets and snack foods and anyone who does not eat a regular balanced diet are at risk of a 'B' vitamin deficiency. These vitamins are not stored in the body, so daily intake is essential. Taken regularly this balanced Seven Seas formula containing Brewers Yeast, Liver Extract plus other valuable nutrients will help maintain adequate levels of 'B' vitamins in the body.

Each tub contains 60 **Seven Seas B Complex Capsules**



Super Vitamin E Capsules Recently there has been an increasing emphasis on the important role of polyunsaturated fats, such as corn and vegetable oils, in the diet. However, the use of these fats appears to place a greater burden on the body's Vitamin 'E' reserves. Consequently, if the consumption of polyunsaturates is increased, a larger intake of this vitamin may be needed. Polyunsaturates, including the essential fatty acids (so called Vitamins F₁ and F₂) and some vital nutrients such as Vitamin A can be destroyed by oxygen when exposed to air. It is thought that Vitamin E helps to prevent this loss of potency. These Seven Seas Super E capsules will help ensure that you receive an adequate intake of this essential protection.

Each tub contains 90 x 200mg **Seven Seas Super Vitamin E Capsules**

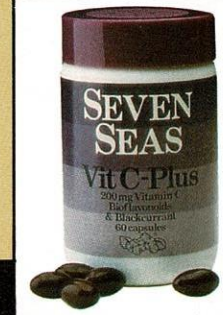


Super Vitamin B₆ Capsules A high potency formula providing 50mg of vitamin B₆ (chemical name Pyridoxine) in each easy to swallow small gelatin capsule.

B₆ is an important vitamin which is essential for the health of the nervous system. It is also a necessary agent in the metabolic control of energy and the production of certain hormones. Since Vitamin B₆ cannot be stored in the body or taken in excess, regular supply is essential.

Many women prefer to take extra Vitamin B₆ prior to and during their periods, the dosage can be safely increased at this time. This regime may also be followed, without risk, by users of the contraceptive pill, who may have an increased need for this vitamin.

Each tub contains 60 x 50mg **Seven Seas Super B₆ Capsules**.



'Vitamin C-Plus' Capsules Provides 200 mg of Vitamin C together with natural bioflavonoids and blackcurrant concentrate. Each easy to swallow capsule supplies the Vitamin C equivalent to 100g of fresh blackcurrants or 4-6 oranges. Vitamin C supplements are most popular in the cold season of winter, when natural food sources are scarce. Colds and 'flu tend to deplete the body's Vitamin C, as does smoking, and since body stores are limited, regular intake is desirable. Vitamin C helps to promote the absorption of iron from food, and is essential for healthy teeth, gums, bones, blood vessels and maintenance of good health.

Each tub contains 60 **Seven Seas 'Vitamin C-Plus' Capsules**

VITAMINS MINERALS AND YOU

Vitamin	What it does
A Retinol	Important for normal growth in children. Necessary for good vision. Essential for healthy skin, eyes and hair and, in general, for the health of all the epithelial structures of the body.
B₁ Thiamine	Necessary for proper function of heart, nervous system and muscles. Essential for growth and required in order to obtain energy from food.
B₂ Riboflavin	Necessary for healthy skin. Concerned with the sensitivity of the eyes to light. Essential for building and maintaining body tissues.
B₃ Niacin, Nicotinic Acid, Nicotinamide	Necessary for converting food to energy. Aids the nervous system. Needed for maintenance of appetite and a healthy skin.
B₅ Pantothenic Acid	Required for the health of skin and hair. Essential for the growth of all tissue.
B₆ Pyridoxine, Pyridoxamine, and Pyridoxal	Important for healthy teeth and gums, the health of the blood vessels, the red blood cells and the nervous system. Necessary for converting food to energy.
B₁₂ Cyanocobalamin	Essential for healthy blood formation. Contributes to the health of the nervous system and proper growth in children.
Folic Acid	In conjunction with B ₁₂ it is essential for healthy blood formation, and for the integrity of the intestinal tract (digestive system).
Choline	Essential for the correct functioning of the liver, particularly with regard to fat metabolism.
Inositol	Works in conjunction with Choline, is essential for the correct functioning of the liver and metabolism of fat.
Biotin	Necessary for the integrity of skin and mucous membranes and for the health of red blood cells and cardiovascular system.
C Ascorbic Acid	Essential for healthy teeth, gums and bones. Builds strong body cells and blood vessels.
D (including D ₂ and D ₃) Calciferol	Necessary for strong teeth and bones. Helps in the utilisation of calcium and phosphorous to form healthy bones and teeth.
E Tocopherols	Acts as an anti-peroxidant of polyunsaturates in tissue fats. Essential for the integrity of red blood cells. Protects other nutrients such as Vitamin A.
K Phytomenadione	Necessary for normal blood clotting.
P Bioflavonoids	Necessary for healthy blood vessels and capillaries. Works with Vitamin C
Mineral	What it does
Magnesium	Assists in making proteins and keeps muscles in tune.
Zinc	Necessary for growth and the maturity of reproductive organs. Helps maintain healthy skin and is thought to help taste and flavour perception.
Iodine	It is vital to metabolism. It contributes to the hormone thyroxine, which chiefly regulates metabolic energy.
Iron	Necessary for keeping your blood healthy. It forms part of the red pigment of blood which carries oxygen from your lungs to every part of the body, and takes the waste product, carbon dioxide, back to the lungs.
Calcium and Phosphorous	Build strong bones and teeth, so they are particularly important to expectant mothers and babies and children. These nutrients need the help of Vitamin D to be effective.
Sodium and Potassium	Go hand in hand to work on body cells, and in balanced proportions they maintain nerve signals and muscle contractions. They also help the acid balance of body fluids.
Other trace elements	Are active ingredients in body salts, blood and organs, which the body requires in very small quantities.

THE SQUADS

WIDNES

ANDY CURRIER
DUNCAN PLATT
DAVID RUANE
ANDREW SULLIVAN
KEITH NEWTON
IAN GORMLEY
RICHARD HURST
DAVID HULME

HULL K.R.

JOHN LYDIAT
BRUCE MILLER
IAN ROBINSON
MIKE FLETCHER
MIKE WALSH
BILLY MARCHANT
CHRIS RUDD
DES HARRISON
PAUL SPECKMAN
PHIL HOGAN

HULL F.C.

GARY KEMBLE
KEVIN JAMES
PAUL PRENDIVILLE
STEVE EVANS
PETER STERLING
WAYNE PROCTER
NEIL PUCKERING
GARY DIVORTY
JON SHARP
PAUL EASTWOOD

FEATHERSTONE R.

NEIL WOOLFORD
JOHN GILBERT
ALAN BANKS
DERYCK FOX
PAUL LYMAN
JOHN MARSDEN
CALVIN HOPKINS
PETER HAFEY
STEVE HANKINS

Rugby Football League

SEVEN-A-SIDE COMPETITION — RULES OF THE TOURNAMENT

1. Games will be played under the Laws of the Rugby Football League except that:
 - (a) at a kick-off following a score, the ball need not travel ten yards forward, and
 - (b) the three tackle rule shall apply. (Transfer after three tackles).
2. Each side will consist of seven players, the usual formation being three forwards and four backs.
3. Selection may be made from nine players, but one substitute will be allowed during any part of the game.
4. The duration of each game before the Final game will be sixteen minutes, *i.e.* seven and a half minutes each way, with one minute interval at half-time. If at the end of the sixteen minutes the game is drawn, the teams shall change over and continue playing until one side scores, such side being the winner, ends being changed every seven and a half minutes if necessary. In extra time there will be no interval. The final tie will be played for ten minutes each way with an interval of one minute at half-time.
5. Time is checked by an Independent Time Keeper who allows for injury time. A klaxon indicates the end of each session of play, except that if a try has been scored, the scoring side shall be allowed to attempt the conversion.

Seven Seas Roll of Honour

- | | |
|------|--|
| 1982 | WINNERS — HULL KINGSTON ROVERS
RUNNERS-UP — HULL F.C. |
| 1983 | WINNERS — OLDHAM
RUNNERS-UP — WIDNES |
| 1984 | WINNERS — WARRINGTON
RUNNERS-UP — HULL F.C. |

Hull F.C.'s tragic loss

Just prior to our Wembley appearance the club was shocked by the news of the sudden death of one of its club photographers, Ray Cooper. Ray was a popular character at the Boulevard, always in a jovial mood and his exuberance rubbed off on others. For several years Ray had contributed photographs for all the club's publications and his co-operation and friendly presence will be sadly missed.

Our condolences go to his wife Peggy.

Action from the Hull v Featherstone match



**1984 Seven Seas Sevens' Winners
Warrington**

