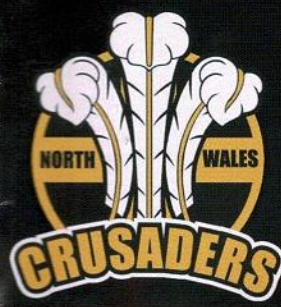


Rocket Ball Lotto

WIN UP TO £5000

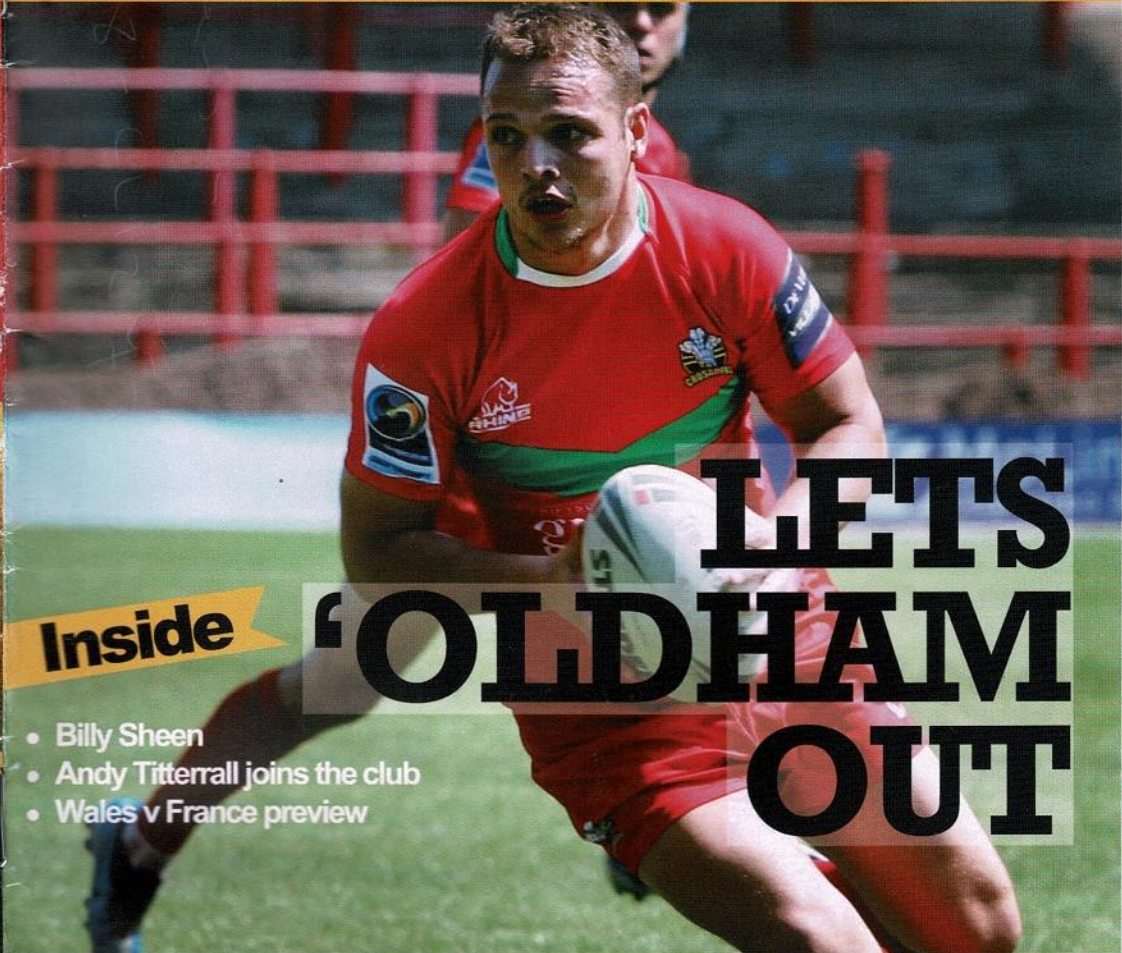
For more info check out www.crusadersrfl.com



NORTH WALES
CRUSADERS

sunday june 10th 2012 2.30pm **versus**
OLDHAM ROUGHYEDS
 Glyndwr University Racecourse Stadium, Wrexham

OFFICIAL MATCH DAY PROGRAMME **DONATIONS REQUESTED**



LET'S
'OLDHAM
OUT

Inside

- Billy Sheen
- Andy Titterall joins the club
- Wales v France preview

Cash gate on the day
 Tickets at Glyndwr Uni Sports Centre
 book online www.crusadersrfl.com

adult tickets from £11
 concessions from £7.50
 Under 7's free

£400 DEPOSIT CONTRIBUTION

ON SPORTAGE

AND

4.9% APR REPRESENTATIVE*

WHAT ARE YOU WAITING FOR?



The Kia Sportage. Great value from just £17,300.



7 year warranty



Award winning



Hill-start Assist Control



Air conditioning



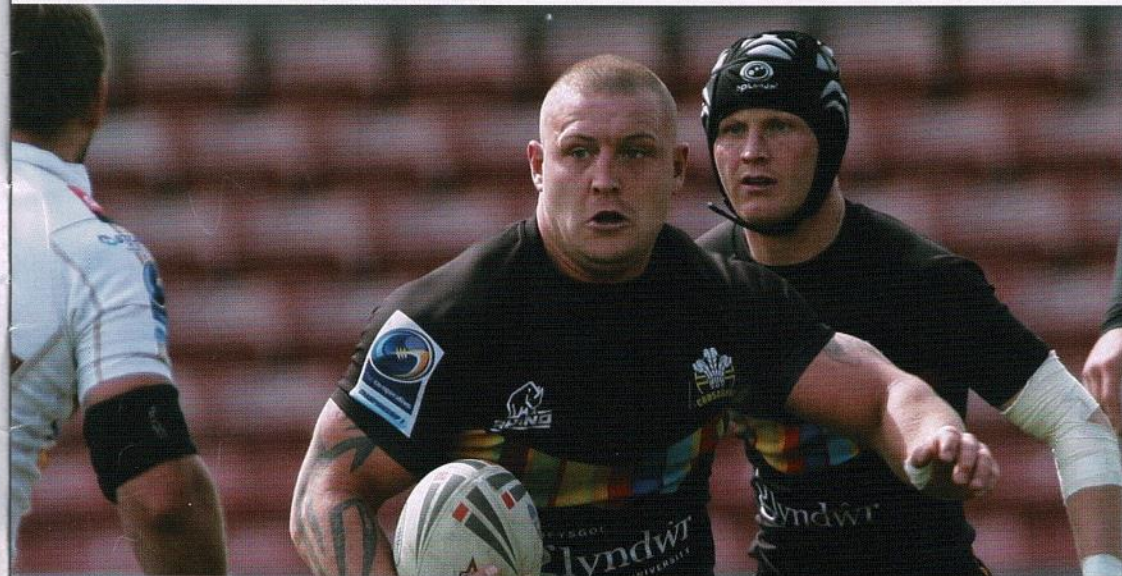
www.kia.co.uk

Carr & Griffiths Milton Green Garage Milton Green Chester Cheshire CH3 9DS 01829 770554

Fuel consumption figures in mpg (l/100km) for the Kia Sportage range are: Urban 26.6 (10.6) - 47.1 (6.0), Extra Urban 41.5 (6.8) - 58.9 (4.8), Combined 34.4 (8.2) - 54.3 (5.2). CO₂ emissions are 195 - 135 g/km.

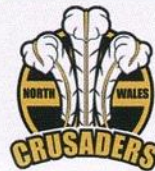
7 year / 100,000 mile manufacturer's warranty. See your local dealer or visit www.kia.co.uk for full warranty terms and exclusions. Price correct at time of going to press and specification is subject to change without notice. Model shown is Sportage '11 1.6 GDI @ £17,300 On The Road (OTR) excluding optional metallic paint @ £475. OTR price includes VAT, number plates, delivery, 12 months' Government Vehicle Excise Duty (VED) and Vehicle First Registration Fee. Retail customers only. Subject to availability on vehicles registered between 1 April and 30 June 2012. *4.9% APR representative finance available on Kia Personal Contract Purchase on New Sportage models. At the end of the Personal Contract Purchase there are three options: (i) Pay the GFV (Guaranteed Future Value) to own the vehicle (ii) Part exchange the vehicle, where equity is available or (iii) return the vehicle. Further charges may be made subject to the condition of the vehicle. Offer not available in conjunction with any other offer. Finance subject to status. Terms and conditions apply. Applicants must be 18 or over. Guarantees / indemnities may be required. Kia Financial Services RH1 1SR. Customer savings vary by model derivative. Ask your dealer for full details.

Welcome



"Victory is reserved for those who are willing to pay it's price."

Mark Andrew Jones, Cru Fan (& Sun Tzu, Ancient Chinese Military General)



North Wales Crusaders is the trading name of Crusaders Cymraeg Cyf, registered in the UK Company no. 07743443.

EDITORIAL

Articles contributed by Ian Golden, Jamie Thomas, Crusaders Supporters Club.

DESIGN

Design by Karolina Skorek & Jamie Thomas.

ADVERTISING

Please contact info@crusadersrfl.com

PHOTOGRAPHY

Ioan Said, Karolina Skorek, Les Evans

Welcome to today's game against Oldham Roughyeds, a team with great traditions in Rugby and a tough outfit for us to challenge ourselves against today.

We were fortunate enough to secure an away win at the Whitebank Stadium just over a month ago, which was a tremendous result for us and an historic first ever away win for the club.

So we're sure of a competitive encounter today and I'm certain the Roughyeds will want to get revenge for that victory.

As this goes to print, we're hoping for some positive results on late

fitness tests and will see some of the players who shone for us in early season back on the pitch.

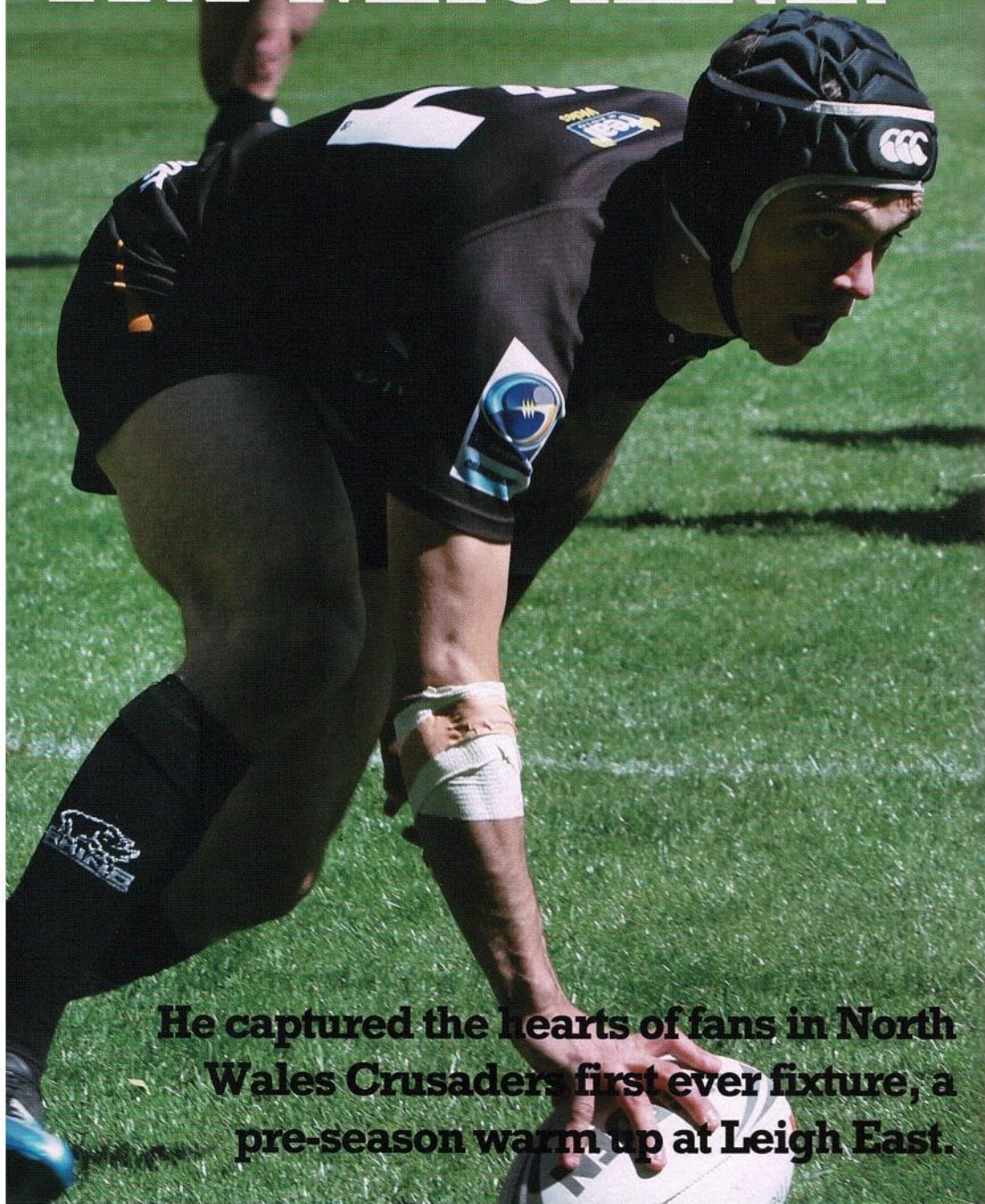
Their commitment through injury has been fantastic and they're all bursting to play so it'll be good to see them pull on the Cru shirt.

I'd also like to welcome Andy Titterall to the club, our new Strength and Conditioner who will hopefully give us an extra boost as we aim to step up a gear in the second half of the season.

Good luck today!

Jamie Thomas, Chief Exec

BILLY SHEEN. TRY MACHINE.



He captured the hearts of fans in North Wales Crusaders first ever fixture, a pre-season warm up at Leigh East.

Billy Sheen the try machine is delighted to have recovered his scoring prowess as we enter the second half of our very first season.

Billy ran riot during the pre-season friendlies but, in addition to a couple of injuries, didn't get on to the scoresheet in the competitive game until a few weeks ago.

Now, with three tries in the last two games, he is determined to have a strong business end to the season and help North Wales Crusaders rise up the league table.

"I'm obviously pleased to be scoring but I'm more interested in getting more game-time right now," he said. "I'm happy with the scoring but it's not always about getting on the scoresheet. Having said that, it has given me the confidence to push on and play a better personal game.

"It would be nice to be up there with the top try scorers but that's not what is at the top of my mind. At the minute for us it's getting the win. We all need to push on and get tries because right now we need the points to rise up the table."

So with the second half of the season approaching, what does Billy think our chances are of making a push for the top four.

"We've done well considering as a lot of people wrote us off before the start of the season and didn't

expect us to win many games," he said.

"At the start of the season on social networking sites and the like, people were saying we'd be lucky to win more than one or two.

"But last week we nearly beat Doncaster and Whitehaven and they're both near the top of the table. We can certainly compete with the best in this league.

"I think in this second half of the season we're going to get some good wins. In the first half, we've really been just building and getting to know each other as a team. There's a lot more to come for us.

"I think we're in with a good chance of getting to that top four. We're starting to gel as a team and there's a really good buzz in training now. I think we've got the confidence now to get the wins and I think we can get our first double today, but we know we have to be at our best as there are no easy games.

"But now we're into the second half of the season, we know all the teams and we know what to expect when we play them again. Hopefully now we can sit down and discuss in video sessions what we're going to be playing against. We've done that during the season anyway but none of us knew what we were up against. Now we can plan things a lot better."

Billy was, like many of the squad, brought into the club by our vastly experienced coaches after making a name for himself in the local north-west community or academy sides.

Billy's last club was Leigh Centurions. A half-back, he was a prominent try scorer in their academy set-up. He started professionally in the academy ranks at St Helens after spending a successful year at Warrington Wizards in the 2009 Conference National season and was a try scoring machine there as he helped them qualify for the play-offs.

"I had a phone call from John Fieldhouse and he asked me to come down to one of the trials," Billy recounts. "I wanted to play first team at this level of rugby as I'd obviously been playing Academy. I just wanted to step up and play regularly for a professional club.

"It's brilliant here. The fans are the best I've played at by a long shot and it's tougher opposition. It can be hard work at times as we've a lot of players fighting for spots.

"I want to stay on and I hope I get offered a contract for next year. If we don't go up, I think we'll be one of the best in the competition next year and one of the favourites for promotion.

**Real Radio is proud
to sponsor the
North Wales Crusaders.**

**Like them, we're now
playing in North Wales.**



REMAINING FIXTURES

10.06.2012

NORTH WALES CRUSADERS VS OLDHAM RLFC

24.06.2012

BARROW RAIDERS VS NORTH WALES CRUSADERS

01.07.2012

NORTH WALES CRUSADERS VS WORKINGTON TOWN

08.07.2012

GATESHEAD THUNDER VS NORTH WALES CRUSADERS

15.07.2012

NORTH WALES CRUSADERS VS GATESHEAD THUNDER

22.07.2012

ROCHDALE HORNETS VS NORTH WALES CRUSADERS

05.08.2012

S WALES SCORPIONS VS NORTH WALES CRUSADERS

12.08.2012

NORTH WALES CRUSADERS VS LONDON SKOLARS

19.08.2012

DONCASTER RLFC VS NORTH WALES CRUSADERS

02.09.2012

WHITEHAVEN RLFC VS NORTH WALES CRUSADERS

I would like to start by introducing the company as a newly founded company established in 2009. Design & General Engineering Ltd has over twenty years combined experience in the food industry. We operate at the forefront of engineering applications and design, giving us the knowledge and vision to work on any applications you have.

Design & General Engineering Ltd are proud to offer the following services

Electrical Engineering

- Installation and commissioning
- Inspecting and testing
- PAT testing
- Process control, design and installation

Mechanical Engineering

- Machine removal, installation and commissioning
- Breakdown, service and repair
- Modifications

Fabrication

- Specialists in stainless steel, aluminium and mild steel
- Plastic - design, manufacture and installation
- Preferred suppliers in conveyor belting

Services

- Work on specialist machinery from forming, sealing, labeling and packaging
- Consultancy on and off site
- Software design and installation
- Training on food industry equipment
- **24 hour call out service**
- **UK Mainland and European courier service**

"Design & General Engineering Ltd: looking after our customers, so they can look after theirs."

Design & General Engineering Ltd
Unit 18 Gunhill Ind. Est. Gunhill Lane
Armthorpe Doncaster DN3 3EB

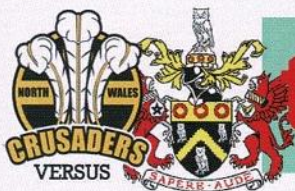


NORTH WALES CRUSADERS STATS



PLAYER NAME	A	T	G	P
Leon Brennan	7	3	3	18
Sam Broadbent	3	1	5	14
Iwan Brown	9	1		4
Owain Brown	6	1		4
Jamie Clark	5	1		4
Adam Clay	3	2		8
Ian Cross	6	1	5	14
Jamie Durbin	8	1		4
Gareth Frodsham	2			
Owain Griffiths	3			
Kurt Haggerty	1			
Mark Harmon	2			
Lee Hudson	9	1		4
Danny Hulme	5	6		24
Tommy Johnson	9	3	1	14
Craig Lawton	1			
Chris Lunt	2			
Rob Massam	9	6		24
Aaron McClosky	1			
Anthony Morrison	7	2		8
Andy Mouldsdale	9	5		20
Christiaan Roets	3			
Billy Sheen	7	3		12
Jono Smith	6	1	3	10
Simon Stephens	3	1		4
Chris Tyrer	9			
Chris Walker	1			
Johnny Walker	9			
Adam Walsh	3			
Kris Wilkes	5	2		8

	P	W	D	L	PTS
1 Barrow Raiders	9	8	0	1	25
2 Doncaster RFLC	10	8	0	2	24
3 Workintown Town	9	7	0	2	23
4 Whitehaven RFLC	9	6	0	3	18
5 Oldham Roughyeds	9	3	1	5	15
6 Rochdale Hornets	10	4	0	6	13
7 London Skolars	8	2	1	5	10
8 South Wales Scorpions	8	3	0	5	10
9 North Wales Crusaders	8	2	0	6	8
10 Gateshead Thunder	8	0	0	8	2



the kids cru!

HULME



by Finlay T.

Check out this fantastic picture Cru Full Back Danny Hulme! Love the 'tache, Danny!



HAPPY BIRTHDAY!

Happy 3rd Birthday to Gethin Moorhead who's celebrating his big day by attending his first

Cruaders Game. We wish you a really Happy Birthday and we all hope you become a lifelong CruCruCrusader!



Cerys Lowri Hughes

Cerys is a massive North Wales Crusaders fan and has been enjoying the teams first season in Championship One.

She's celebrating her milestone first 'Double Digit' Birthday at the Glyndwr University Racecourse today as she turns 10, so if you spot her in the crowd give her your best wishes!

Lets hope they boys can give her something extra to celebrate with a win over Oldham today!

Each game we're enlisting the help young fans to help give us their opinions on North Wales Crusaders and to contribute to the programme however they want to. If you want to feature please email info@crusadersrfl.com

FACT! But true...

Each year North Wales Crusaders will travel over 20,000 miles to training sessions and games as players come from across the Country to turn out for the Cru!

SUPPORTERS CLUB...

Hello..after a couple of weeks off, we welcome the supporters from Oldham.

After our last away game at Oldham it will be nice to give them as good a welcome as we had at their place a few weeks ago.

For those of you that went to The Whitebank Stadium, noone could forget the scenes after the game in the clubhouse.

With both sets of fans singing their hearts out, it was an enjoyable and memorable day. Out of all the grounds we have visited so far on our travels, we received the warmest of welcomes from todays visitors, so I hope we can repay their excellent hospitality with an enjoyable return here at the Racecourse.

Fingers crossed for a win again this Sunday after a close game against Doncaster last time out.

Enjoy the game and let's make some noise !

AWAY TRAVEL

Our next away game is on Sunday 24th June to Barrow.

The coach to will leave outside the Turf at 10am. Cost for the trip is £16 members £18 non members .

Bookings can be made at Glyndwr Sports centre. Please remember your membership card when booking.

MEMBERSHIPS

Its not too late to join ...

This seasons package will is £10 for Adults and £5 for Children (u18's) You will receive

- Supporters club badge
- Wrist band
- Membership Card
- Discounted Away Travel
- An invitation to two exclusive 'supporters club' events

Please email for more details crusadersrfl@yahoo.co.uk

Supported by



GEORGE EDWARDS & SON

Telephone : 01978 757281

SUPERFAN

Linda Duxbury



Age.. 52 ouch!

Supported since.. First started watching RL aged 8 with Mum, Dad and Grandad, followed progress of Celtic Crusaders, then supported Crusaders proper since first game against Leeds.

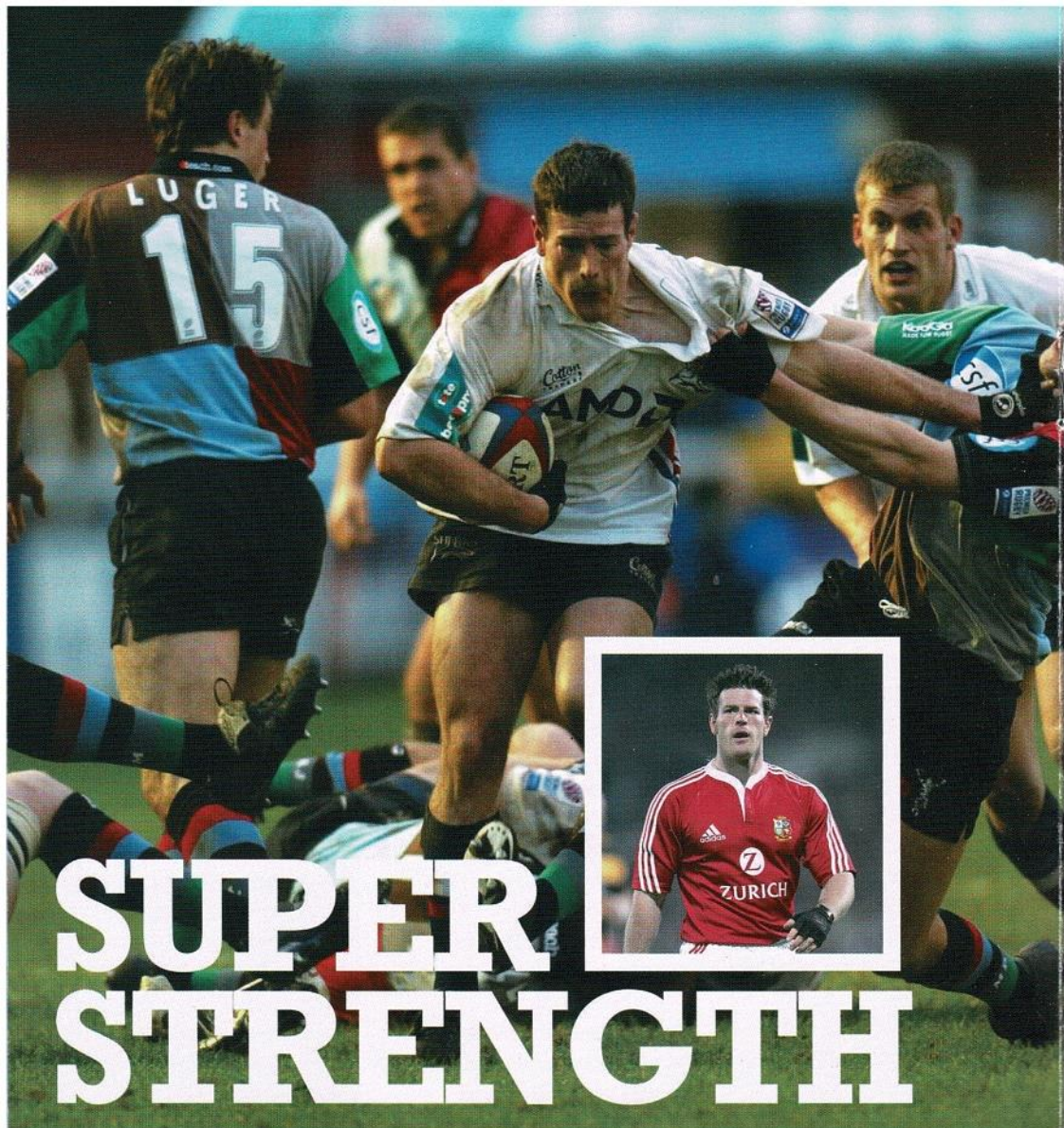
Fav Player..Billy Sheen, Rob Massam, Jono - but love 'em all.

Fav Cru moment.. Off field - hearing we would have a team in Championship 1 after thinking the rugby league dream in North Wales was over. On field - beating Hull KR for a place in the playoffs 2010.

Worst Cru moment.. Without a doubt - 26 July 2011.

Prediction.. Don't think we'll make the top 4 but next season we'll be the team others fear.

Last words.. What else could it be? - In Clive We Trust!



SUPER STRENGTH

North Wales Crusaders have made a massive step forward in adding former England and British Lions Union Hooker Andy Titterrell to the back room staff as the new Strength and Conditioning Coach.

It probably didn't escape anyone's notice, having made national and international Rugby Union and Rugby League website and news broadcasts last Monday, that former England rugby union international and British Lions tourist Andy Titterrell has joined North Wales Crusaders as our new Head of Strength and Conditioning.

Andy is very experienced in the 15-man game but this position is his first in Rugby League and he can't wait to help make us a success as we strive for glory.

"Two things attracted me to this job," Andy said. "One was the opportunity to head up a conditioning side in Rugby League. Although I've had many years in union, I've got massive respect for Rugby League and that's an avenue that I wanted to explore.

"The second was the opportunity to work with Clive Griffiths who I've worked under before. I think he's fantastic, his record speaks for itself really and I'm pleased to have teamed up with him to be part of his management side."

Andy has been with the club for just under two weeks, enough time for him to have got stuck into his position and meet the players.

"I went to see the lads a couple of weeks ago prior to their game against Doncaster," he said. "And I took my first session the Wednesday after that game. I then started taking the lads who were struggling with their rehab

"Every team needs work on their strength and conditioning regardless of the sport, the division and their position in the league. I'm just looking forward to getting my teeth stuck into it and to get a good relationship with the players, getting to know them, them knowing me and how I like to work."

Andy brings a lot of experience into his job here at North Wales Crusaders after being in the Strength and Conditioning game for over four years, learning from experts at the British Lions in rugby union, Leeds in both rugby codes as well as experts from Wigan Warriors.

He has experienced success at the highest level as a player with his international caps rightfully being the pinnacle.

"It was phenomenal to go on a Lions tour," he said. "I've got so much to thank for my rugby union career, what I've learned and where I'm going to make me a better player and also as a Strength and Conditioning coach.

"The Lions experience was fantastic. It's the highest accolade that any professional elite sportsman can get in rugby. To be down there for seven weeks, play rugby and experience their culture is phenomenal. It was good to mix with players for the other nations and swap tips.

"The memory of getting capped by England against New Zealand at Eden Park will also stick in my

memory. It's not often you get capped for your country especially away from home. I played against South Africa and Canada too so I've faced some fantastic players."

In addition to those highlights, Andy went been on numerous tours with clubs as well as country where he also won four Churchill Cups with England Saxons. He also won the Premiership with Sale Sharks in 2006 as well as two European medals with the same side.

After leaving Sale, he spent three years with Gloucester before joining Leeds Carnegie where he led the Strength and Conditioning for their academy side in addition to playing for the first team.

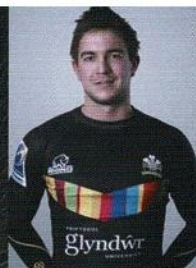
"I've learned things off some fantastic coaches. I have my own style of coaching and I want to take what I've learned and implement this into practise with North Wales Crusaders.

"I've not retired as a player. I'm still 31 and I believe I got about four or five years left in me. I look after myself well and condition myself.

I still believe I can play at the top. If I can pick up another playing contract which doesn't interfere with my role with Crusaders, then I'd go for it.



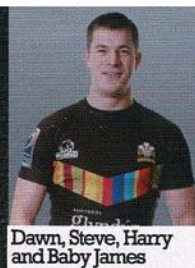
BRENNAN, Leon
Centre
25 yrs old
195cm | 95kg



BROADBENT, Sam
Stand Off
23 yrs old
192cm | 95kg



BROWN, Owain
Prop
27 yrs old
190cm | 114kg



BROWN, Iwan
Second Row
26 yrs old
193cm | 96kg



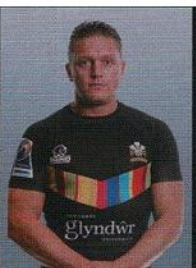
MORRISON, Anthony
Prop
21 yrs old
195cm | 95kg



MOUSDALE, Andy
Half Back
25 yrs old
185cm | 92kg



OAKDEN, Andrew
Wing
18 yrs old
180cm | 85kg



ROETS, Christiaan
Centre
31 yrs old
183cm | 94kg



DURBIN, Jamie
Half-Back
27 yrs old
168cm | 72kg



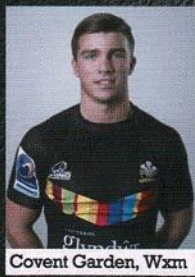
GRIFFITHS, Owain
Hooker
20 yrs old
175cm | 93kg



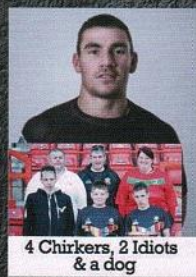
TRUMPER, Alex
Loose Forward
24 yrs old
185cm | 91kg



GORSKI, Andy
Second Row
30 yrs old
183 cm | 95kg



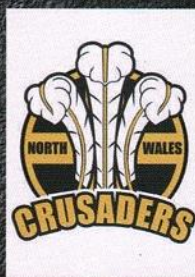
HUDSON, Lee
Half Back/Hooker
21 yrs old
169cm | 74kg



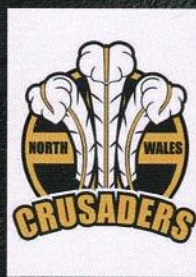
HULME, Danny
Full Back
20 yrs old
175cm | 85kg



JOHNSON, Tommy
Full Back
21 yrs old
180cm | 95kg



CROSS, Ian
Center
23 yrs old
190cm | 96kg



FRODSHAM, Gareth
Prop
22 yrs old
189cm | 108kg



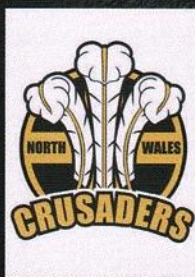
SHEEN, Billy
Half Back
22 yrs old
165cm | 75kg



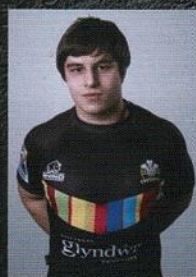
SMITH, Jono
Loose Forward
23 yrs old
175cm | 95kg



TYRER, Chris
Prop
26 yrs old
179cm | 102kg



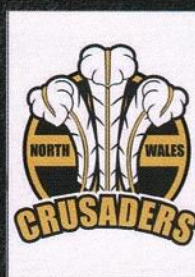
CLARKE, Jamie
Prop
27 yrs old
183cm | 111kg



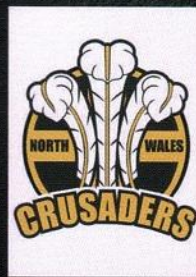
LUNT, Chris
Hooker
21 yrs old
169cm | 74kg



MASSAM, Rob
Centre
25 yrs old
185cm | 101kg



MELLOR, Ben
Prop
23 yrs old
175cm | 95kg



CLAY, Adam
Wing
25 yrs old
156cm | 95kg



WALKER, Jonny
Second Row
25 yrs old
192cm | 114kg



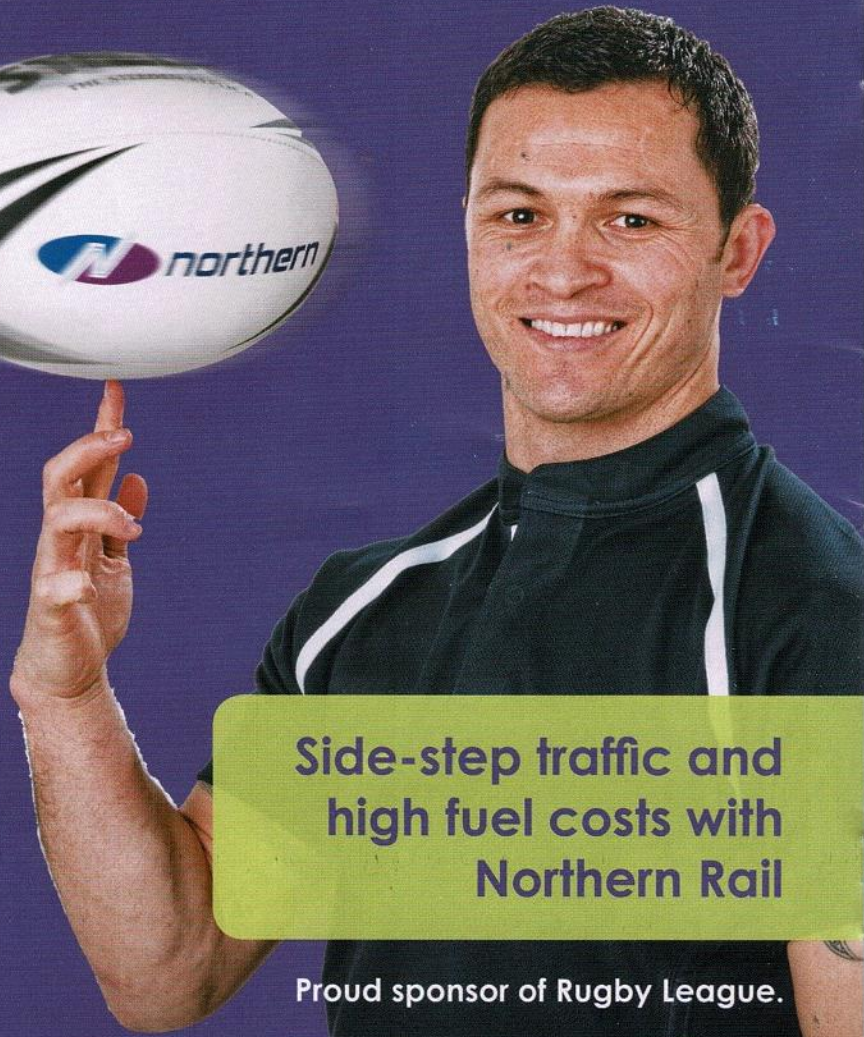
STEPHENS, Simon
Loose Forward
23 yrs old
189cm | 104.5kg



WILKES, Kriss
Wing
23 yrs old
171cm | 86kg

SQUAD RUNDOWN

Try the train



Side-step traffic and high fuel costs with Northern Rail

Proud sponsor of Rugby League.

Robbie Hunter-Paul is an ambassador for the Northern Rail Cup.

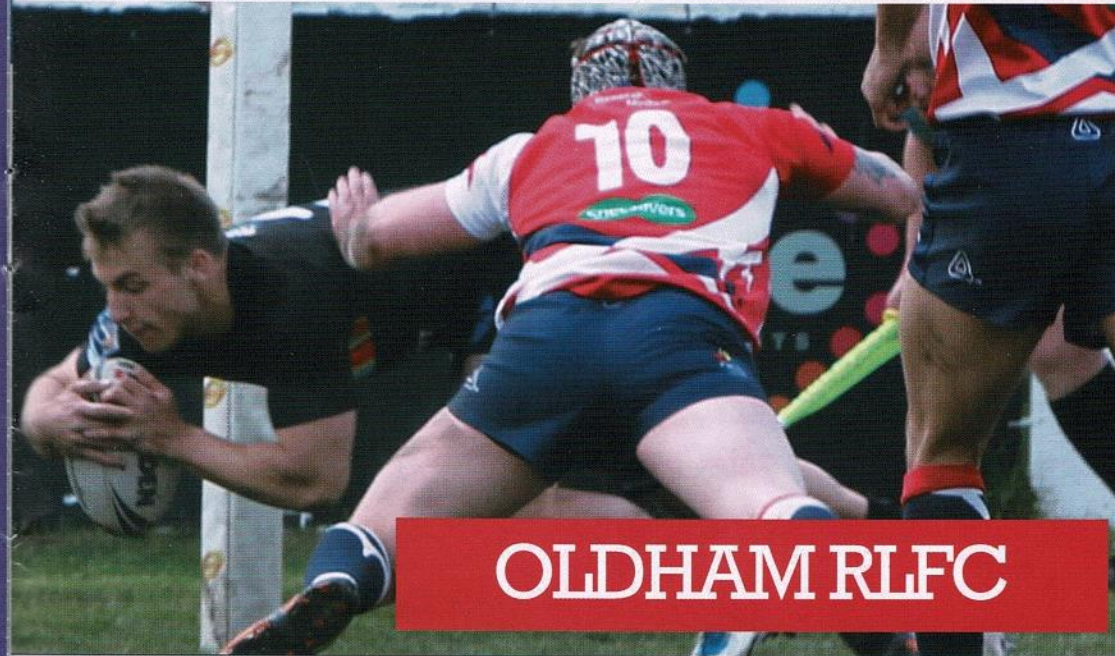
northernrail.org



NORTHERN RAIL CUP



Today's Opponents



OLDHAM RLFC

Formed in 1876 as Oldham Football Club, they played from 1889 to 1997 at Watersheddings. They have won the Championship four times and the Rugby League Challenge Cup three times.

The team's traditional strip consists of red and white hooped shirts, navy blue shorts and red socks. They play their home games at Whitebank Stadium in Limeside, which we enjoyed visiting very much last month.

When the Super League competition was proposed, part of the deal was that some traditional clubs would merge. Oldham were supposed to

merge with Salford to form a club to be known as Manchester which would compete in Super League.

This was resisted and instead they adopted the name Oldham Bears and were founder members of the new league.

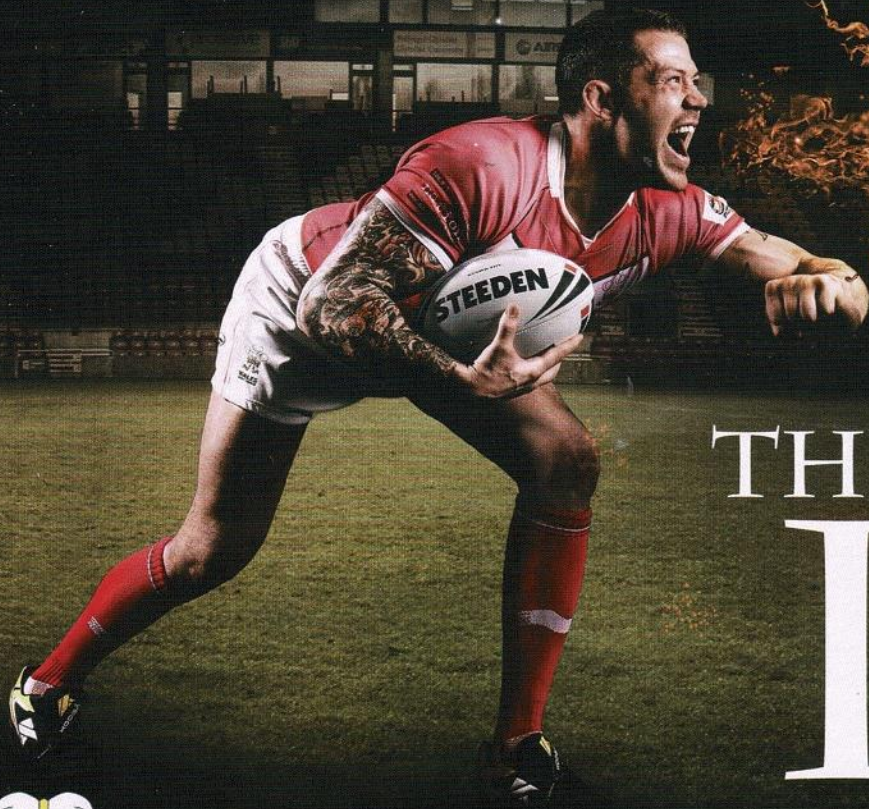
'Roughyed' is a nickname for a person from Oldham, derived from the rough felt used in the hatting industry which once employed many.

Oldham have enjoyed a mixed season so far, having made an excellent start in their first few games and

topping the league for a period, but of late have fallen back slightly following an injury crisis that has seen a number of key players on the sidelines, including Captain and Stand Off Neil Roden who has been out for nine weeks, who is targetting a return to action in Wrexham today.

"I've never been out for so long before," he said, "and now I'm just itching to get playing again.

"I just hope we can get a few more of the lads back when we start the second half of our league programme at Wrexham on Sunday."



THE DRAGONS LAIR

WALES vs FRANCE

SATURDAY 16TH JUNE 2012, KO 2.30 PM

GLYNDWR UNIVERSITY RACECOURSE STADIUM, WREXHAM



EARLY BIRD TICKETS £8 ADULTS £4, £12 AND £6 ON THE DAY BUY ONLINE FROM WALESRUGBYLEAGUE.CO.UK & FROM GLYNDWR UNIVERSITY

Carers Week

18th-24th June

WREXHAM
CARE
SERVICE



AVOW
Association of Voluntary Organisations in Wrexham
Cymdeithas Mudiadau Gwirfoddol Wrexham

Are you looking after someone who because of illness, disability, addiction or the effects of age could not manage without your help? If yes, then you are a CARER.

1 in 8 people in Wales are carers, with approx. 15,000 unpaid carers living in Wrexham alone. However, this figure is expected to be much higher as the majority of carers do not recognise themselves as such.

They are simply a husband or wife, son or daughter, friend or neighbour providing a little bit of extra support to someone they care about. It is estimated that Carers in Wales save the economy an amazing £7.72 billion per year and we want to ensure that these carers are supported and recognised for their hard work and dedication.

Carers Week is a nationwide event taking place from Monday 18th to Friday 22nd June, which aims to raise awareness of issues faced by carers as well as celebrate the huge contribution (difference) they make in(to) society.

The events range from information stands at Sainsburys, Wrexham Maelor & Chirk Hospitals to an evening buffet at the Ramada, to a day trip to Llandudno where the cared for are also welcome. Due to limited capacity carers are advised to book their place on these trips as soon as possible.

Carers week kicks off on Monday 18th with a drop in session 10:00am-12:00pm at Avow where therapeutic carer sessions will be offered for FREE and staff will be on hand to answer your questions.

Tuesday 19th June sees a very important event for Carers Week, with The Big Health Day at the Memorial Hall, Wrexham 10.30 – 4pm.

This event is open to carers, patients, professionals and the general public and anybody else who has an interest in health in general.

This is the second event of its kind in Wrexham and aims to bring together a huge array of health professionals/organisations, speakers and health checks under one roof.

There are over 40 organisations booked to attend as well as a number of pharmacies offering FREE health checks. So whether you are caring for someone with a particular condition or would simply benefit from health advice yourself, please come along, everyone is welcome.

Here at Wrexham carers service we appreciate that the impact of caring on an individual's own emotional and physical well-being can be huge and carers often tell us they struggle to find time for themselves and can be fearful for the future.

As a result of working effectively with carers for the past three years we understand the importance

of both information and emotional support to enable carers to continue in their caring role. Therefore we ensure that the help we offer encompasses both of these elements, is flexible and accessible.

For instance we provide regular newsletters, counselling, therapeutic massage and reflexology, a discounted leisure card, training and emotional support. If you feel you would benefit from any of these please don't hesitate to get in touch.

Peer support is extremely valuable to carers and our regular Monday morning Drop In session is becoming busier every week.

Carers come together for a hot drink and a chat every Monday 10-12noon (except Bank Hols). It is a very informal session and all carers are welcome.

We are a generic service, so whether you care for an adult or a child you can access our service.

If you are a carer, or perhaps know somebody else who is please think about how we could help. Contact us on 0800 276 1070 or email carers@avow.org.

Alternatively find us online www.avow.org/wrexham-carers-service. We also have a Facebook and Twitter page @WrexhamCarers.

